

Support For Families and Loved Ones

Parent Partnership - <https://conversation.zone/parent-partnership/>

Join with other parents in a friendly and caring atmosphere to; find support if you aren't sure if your child's drinking or drug use is typical experimentation, or something you may need to address; connect with other parents whose children have either struggled with substance use or addiction, or are currently in recovery; become informed, empowered and find resources and outside help when needed. We are not professionals – we are simply parents helping parents. There is no charge to attend. Meetings are friendly and confidential.

Nar-Anon Chat - <https://www.naranonchat.com/>

This website is intended to bring together family members and friends of addicts and give them a place to communicate and learn from the each other. The Chat Room will be available at all hours for people to come together and chat live. We will hold online meetings in the Chat Room at the following times: Monday: 9 pm ET, Thursday: 9pm ET, Saturday: 8:30pm ET

Grief In Common - <https://www.griefincommon.com/>

The only online community designed to connect those who are grieving based on background and similar experiences for chats and opportunities to meet in person.

Apps for Support

(not linked, find them in the Apple store, GooglePlay, or wherever you get your apps)



**Readings for Moms of Addicts,
from Sandy Swenson**



Co-Dependents Anonymous